

CHAPTER I

INTRODUCTION

A. Background of the Research

Recently, there has been an increase in the number of criminal cases in Indonesia, and several of these cases are associated with indicators of psychopathic behaviour. Violence can be aimed at spouses, siblings, or even parents. That is extremely worrying.

When one thinks of villains, one can imagine people with cruel faces, tattoos all over their bodies, and even a lack of educational background. However, someone who is recognized to have good behaviour, is respected, has a good educational background, or has a role model in society can be a criminal.

At the beginning of July 2022, there was a case that became a big concern for all Indonesians, namely the murder case committed by a police chief to a police officer. The motivation was sexual harassment committed by the victim against the perpetrator's wife. (Eka Alisa Putri pikiran rakyat.com, 2023)

The case above is one example of a criminal case related to psychopathic behaviour, and it has caught the attention of the Indonesian people. This phenomenon might be an inspiration for author to pour into their literary works.

The phenomenon of psychopathic behaviour that occurs in society unconsciously has inspired various forms of art, one of which is literature. This happens because literary works are not independent of the author who created them. The phenomenon of psychopathic behaviour by the author is outlined

based on his experience relating to psychopathy or imagination. The author is able to describe the characters as psychopaths.

One type of literary work is a novel. Novels are portraits of human life presented in a long story. Novels can also be used as material to study human nature. Various kinds of human nature and living phenomena are reflected in a novel, including the phenomenon of psychopathic behaviour. For this research, the writer used a novel entitled *Berlin Syndrome* by Melanie Joosten.

Melanie Joosten is a writer who lives in Melbourne. Her first novel, *Berlin Syndrome* (2011), saw her named a Sydney Morning Herald Best Young Novelist and awarded the Kathleen Mitchell Award for Young Writers. *Berlin Syndrome* is currently being turned into a film with a screenplay by Shaun Grant, to be directed by Cate Shortland.

Melanie holds a Bachelor of Creative Arts (Honours), a Master of Arts (Editing), and a Master of Social Work. She has had work published in *Best Australian Stories 2014*, *Meanjin*, *Kill Your Darlings*, and *Sleepers Almanac*. She is a recipient of grants from the Australia Council and Arts Victoria and residencies from Writing Australia and Varuna.

Berlin Syndrome is the novel that clearly shows the phenomenon of psychopathic behaviour in the form of suffering, violence, and even the murders committed by the main characters. This novel tells about a man named Andy, who is the main character and a handsome and charismatic person who works at a high school as a teacher in Berlin. He meets an attractive journalist who comes from Australia and is named Clare; she came to Berlin for a vacation.

Andy's charismatic appearance makes Clare feel lucky to know him; she feels safe in Berlin. However, Andy's behaviour is not like his appearance. Harsh treatment such as hitting, torturing, killing, and even almost taking her life.

One day Clare saw from behind the window that someone was passing outside. She screamed for help. The person looking for the source of the sound gave Clare immediate help. But at the same time Andy came, he hit the man with a stick baseball until the man lay and died. Clare saw the incident in shock, trembled, and was scared. Andy wrapped the body of the man, threw it in the trash, and burned it. This character does not hesitate to kill people who are inhibitory, even innocent people. Andy's behaviour is called psychopathic.

This is an oddity that the writer finds. How could this crime have happened? The writer wants to conduct deeper research on this matter by referring to existing theories. There are several theories used to analyse the issue. Psychoanalysis is one of the theories of Sigmund Freud or more specifically he is better known as the scientific of psychoanalysis.

Psychoanalysis focuses on how conscious and unconscious thinking was developed by Sigmund Freud in his psychoanalysis theory to determine the problems of human psychology in the form of anxiety. Psychoanalysis is branch of science developed by Sigmund Freud as function and behaviour human psychology. Freud developed a personality structure into Id, Ego, and Superego. (Renninson, 2001, p. 38)

This is where a writer interested in literary work title. How an author describes the psychopathic behaviour on the main character she created. All of the aspects have an important role in developing a literary work. Character is an element that is often the subject of discussion. How a character could deliver an implied message with their behaviour. Through the explanation above, the writer is interested in researching psychoanalysis of main character in the novel, especially psychopathic behaviour.

B. Question and Scope of the Research

1. Question of the Research

Thus, for reasons as described in the Background of Research above, the researcher asks:

- a. What are the characteristic symptoms of psychopathic described in the novel Berlin Syndrome?
- b. What prove that childhood trauma has influenced psychopathic behaviours in adulthood in novel Berlin Syndrome?

2. Scope of the Research

This research just focuses on the psychoanalysis of humans. Especially for the main character. What they think, they do, and they cause. In the theory that the writer used from psychoanalysis by Sigmund Freud to explain the psychopathy behaviour of human beings, the elements of the theory are conscious, preconscious, and unconscious.

C. Objective and Significance of the Research

1. Objective of the Research

Base on the problem of the research mentioned above, the objectives of the research are described as follows:

- a. To find out what the characteristics symptom of psychopathic described in the novel Berlin Syndrome?
- b. To show what prove that childhood trauma have influenced psychopathic behaviour in adulthood in novel Berlin Syndrome?

2. Significance of the Research

The writer hopes that the writing and the research paper can be useful not only for the writer himself but also for the reader who wants to study psychoanalysis, especially the psychopathic behaviour of human beings. Moreover, for the student who wants use this paper as reference to finish their research in the future. The significant of writing is described as follows:

- a. For the writer, hope this paper can add more knowledge and ability in writing English by knowing more about psychopathic behaviour of human beings.
- b. For the reader, the writer hopes that this paper can be useful and give information about psychopathic behaviour

D. Operational Definition

After having read several books as primary data resources and trying to understand all of them, the writer can conclude some definition as to the real existence of the title:

1) Psychopath

Psychopathy is a condition characterized by the absence of empathy and the blunting of other affective states. Callousness, detachment, and a lack of empathy enable psychopaths to be highly manipulative. Nevertheless, psychopathy is among the most difficult disorders to spot. Psychopaths can appear normal, even charming. Underneath, they lack any semblance of conscience. Their antisocial nature inclines them often to criminality.

2) Behaviour

Behaviour refers to how an animal or person reacts to a specific event or object. Acting or specifically acting against others. Behaviour is defined in psychology as the organism's exterior reactions, thoughts, and other internal mental processes. The observable expressions of behaviour define the way to be and act. The meaning and direction of adaptive behaviour are extremely important.

3) Characterization

Characterization refers to how a character is presented, either directly or indirectly, in order to represent that character in a particular way. The way an author or an actor describes or shows what a character is like.

4) Childhood

Childhood is defined as the time period between the end of infancy (about 2 years of age) and the onset of puberty, which marks the start of adolescent (10-12 years of age).

E. Systematization of the Research

The systematisation of the research means to present the research in a well edited, coherent and systematically. In order to make easier for the reader when they read it. The writer decided to divide the paper into five chapter as follows:

Chapter I is Introduction, explains about background of the research, question and scope of the research, objectives and significance of the research, operational definition, and systematization of the research.

Chapter II is Theoretical description, consists of definition of Psychology, definition Psychoanalysis, definition of psychopathic behaviour, element of fiction, short story about the novel of Berlin Syndrome, and relevance of the research.

Chapter III is Research methodology contains method of the research which include the time and place of the research, kind of the research, procedure of the research, technique of the data collection, technique of the analysis, and sources the primary and the secondary data.

Chapter IV is Data analysis, explains data description, data analysis and interpretation of research findings.

Chapter V are Conclusion and Suggestion, concludes the entire chapter relating to the hypothesis discussion and give suggestion relating to the significance research.

