#### **CHAPTER I**

# **INTRODUCTION**

### A. Background of the Research

The subject of personality cannot be discussed indefinitely because it always generates interesting conversation. The success a person has at work, in school, at home, and in other areas is unquestionably influenced by their personality. In psychology, a person's behavior in daily life is referred to as their personality. A person's unique psychological makeup is implied by the term "personality," which refers to the unique combination of traits, behaviors, and thought patterns that make up each individual. It is the result of an individual's thoughts, feelings, behaviors, and actions or attitudes, and it is crucial in determining how that individual perceives and engages with the outside world.

The acts, reactions, and conduct of a single person or of a group of people in response to stimuli from within or outside themselves are considered to be behavior of human. It encompasses a wide range of behaviors, from simple reflexive responses to complex behaviors driven by emotions, ideas, and motivations. Because personality traits can influence and shape a person's ideas, feelings, and behaviors, behavior and personality are closely related to one another. A person's personality is divided into fivefactory theory of personality, often referred to as the "Big 5" personality traits as said by Costa & McRae (1998), which consist of qualities such as openness, self-control, conscientiousness, agreeableness, and neuroticism, defining the unique psychological makeup of the person in order to understand, research, or examine people's behavior and personality.

It can be advantageous to possess positive personality traits. These qualities might improve your character or make it simpler for you to deal with difficulties you might encounter in life. Positive personality characteristics include steady, cooperative, ambitious, friendly, humble, optimistic, respectful. Characteristics with a negative outlook have the potential to cause more harm than good. These are characteristics that might make life more difficult or harm relationships with others. Negative characteristics of the personality include aggressive, arrogant, intolerant, neglectful, selfish, judge mental, egotistical. Many different things can influence someone's personality. The popular divided in two factors influence how a person's personality developments: the environmental, and hereditary or genetic components. For instance, a person may be outgoing because they inherited their parents' "outgoing genes" or because they saw family members acting gregarious and outgoing. Most likely, it combines elements of both.

Personality can change, just like motivation and achievement. Others believe that personality is a given. Some factors may influence personality change in and of themselves. In the opinion of Costa & McCrae (1993, 1994, 2000), there are three different types of change moderator's psychological characteristic, life events, physical and mental health. Our motivations, acquired interests, attitudes, will, and character, as well as mental abilities like intelligence, are all psychological factors, described by Woolfolk (2010). Psychological factors include things like perception, observation, imagining, thinking, and reasoning skills. Life events factors, personality changes can occur as a result of significant life events or experiences. The way a person thinks, feels, and acts can change as a result of a variety of events, such as marriage, parenthood, a devastating loss, or a significant change in one's career. In fact, mental health problems can affect a person's personality and lead to changes in their overall characteristics and behavior. The following are some ways that personality can be impacted by mental health depression, anxiety disorder, bipolar and personality disorder. The field that can be used to examine and comprehend personality traits in people is psychology.

Psychology analysis, also referred to as psychoanalysis, is a psychological technique intended to analyze the unconscious mind and its effects on behavior and personality. It is one of the best-known theories of human behavior and personality. Sigmund Freud is frequently cited as the invention's father. Freud's well-known moniker, "the Father of Psychoanalysis," was born out of this. Freud held that subconscious conflicts and desires, which are frequently rooted in early experiences and relationships, shape human behavior and personality. Related to the psychoanalytic theory by Freud (1923) divided into three structures. The three components of the personality structures Freud introduced were the id, ego, and superego. Our most primal drives, such as our fervent pursuit of happiness and our desire to stay free from pain, are represented by the Id. The ego, which is the conscious part of the mind, serves as a conduit between the id and the outside world and aims to satisfy the id's needs and desires while also taking social and cultural norms into account. As a representation of our internalized moral principles, the superego works to control impulses in accordance with social expectations. Even though some of Sigmund Freud's theories have been revised and criticized over time, his work has had a significant impact on psychology and improved theories of personality and behavior.

Another way that literary works examine the behavior of human is human motivation. Human motivation, which drives everyone to pursue their goals and desires and affects their life decisions, is a crucial aspect of daily life. Understanding the various factors that influence human motivation helps people better understand others' behavior and make better decisions in their daily lives. There are five theories of motivation for someone to do something that correspond to the positive and negative aspects of Bernhardt's assertion in book "Practical Psychology" (1945), including aspects of organic needs or appetite, aspects of want, emotions as motives, feelings and attitudes as motives, and social motives. More specifically, the topic of motivation includes outlining the various factors that affect behavior and attempting to determine which of these factors are most important. By studying the characters on movie, a writer can gain additional knowledge about how human motivation affects behavior as well as the factors that inspire people to accomplish their goals.

When analyzing theories of human motivation, movies can provide a wealth of information. Human motivation has a significant impact on character development in films. In order to fully grasp the plot and themes of a movie, it is frequently necessary to understand the motivations of the characters. Motivation arises from a variety of sources, including internal ones like ambition and desire as well as external ones like societal pressures and interpersonal relationships. Because of the title "Deadly Illusions," the writer thought this movie would be interesting to analyze. In the film, Grace is a nanny who works for Merry's family.

When one thinks of a nanny, they may picture the person hired to provide childcare at home for a family. Children always experience happiness from nannies because they are brimming with lovely, upbeat energy. Along with providing children with direct care, nannies may also oversee other household duties like cooking, cleaning, and laundry. But what if what we believe is not true? The nanny who worked for you has a secret plan or hidden motivation?

The Grace character, she is rehired by the character Mary Morrison (Kristin Davis) to look after her kids while Mary works on her most recent book. However, as the plot develops, Mary starts to worry that Grace might not be who she claims to be and that she might not even be telling the truth. It also becomes obvious that Grace has a secret agenda. At first glance, Grace seems to be a dependable nanny who genuinely cares about the kids she is watching over. But as the plot develops, it becomes obvious that Grace is not who she seems to be and actually has a hidden agenda. Due to mental health problems, Grace struggles to distinguish between reality and fantasy. She develops an obsession with Merry and Tom and starts to behave dangerously and erratically. It can be said that Grace's motivations are rooted in a troubled past that has left her feeling resentful and vengeful without giving away the movie's plot. Her actions toward Mary and her family are motivated by her desire for vengeance for perceived past wrongs done to her. The precise nature of these wrongs is made clear toward the end of the movie, which ties up several plot threads. Grace's behavior, whether fantasy or not, has a "motivation" behind it. So, writer will concentrate on "what" and "how" factors influence Grace.

From the explanation above, literature was chosen as a topic. The topic itself focuses on the term psychological aspects of human motivation on the main character in Deadly Illusions directed by Anna Elizabeth. Psychology analysis can reveal the underlying motives of characters' actions and the conflicts they face. Using a psychological framework, writers can understand why characters act the way they do and how their internal conflicts affect the development of the story. The use of psychological approaches in the literary analysis of films provides deeper insights into the characters, events, and themes present in the work.

### **B.** Questions and Scopes of the Research

## 1. Questions of the Research

Based on the background of the study, the problem can be formulated into the following questions:

- a. How psychological aspects of human motivation are reflected by main character of Deadly Illusions movie?
- b. How does the motivation contribute to managing the main character's personality?

#### 2. Scopes of the Research

As for the scope of this research, the writer focused on identifying the types of human motivation in a nanny as the main character who has multiple personalities. Which is portrayed in the movie Deadly Illusions by Anna Elizabeth James. With the Psychological approach by Karl S. Bernhardt in his book Practical Psychology.

### C. Objectives and Significance of the Research

## 1. Objectives of the Research

- a. To find out how psychological aspects of human motivation are reflected by main character of Deadly Illusions movie.
- b. To explore how does the motivation contribute to managing the main character's personality.

#### 2. Significance of the Research

The writer hopes that readers will benefit greatly from this research. The advantages that can be derived from this situation are both theoretical and practical.

a. Theoretically

The writer hopes that this research will facilitate other writers, students, and researchers in the field of psychological study of human motivation, particularly theory by Bernhardt.

b. Practically

The writer believes that this study will advance readers' abilities and knowledge of human motivation, its variety, and the factors that contribute to its formation. The researcher hopes that this work will be immensely beneficial to everyone, including students and the writer. In order to comprehend psychological concepts in great detail as well as the fundamentals and introduction.

#### **D.** Operational Definition

In this research, the researcher uses three theories to analyze the movie. Here is the definition of said theories that has been synthesized from various experts' definition:

# 1. Human Motivation

Human motivation is the force or reason that directs a person's behavior, behaviors, and wants.

#### 2. Character

Character refers to a created person or individual portrayed in a movie. A character in a movie might be the protagonist, antagonist, or a supporting character, and they are frequently shown to have a distinctive set of features, behaviors, motives, and beliefs that influence their interactions and actions within the plot of the movie.

## 3. Psychological

Psychological is everything involving the study of the human mind and behavior.

# 4. Personality

Personality is the distinctive and permanent traits, mannerisms, ideas, and feelings that set people apart from one another.

#### E. Systematization of the Research

The researcher divided this research into five chapters as follows:

Chapter I, the writer introduced the Background of the Research, defined the Question and Scope of the Research, explained the Objective and Significance of the Research, described the Operational Definition used in the Research, and outlined the Systematization of the Research.

Chapter II, in this chapter the writer collects and describe expert theories and statements that are relevant with the study's topics, and it will also be used to analyze the data the researcher obtained from the source. In light of this, the theories themselves are psychological, human motivation, and characterization.

Chapter III, this chapter describes the Method of the Research was provided, along with the Procedure of the Research, Data Collection Technique, and Data Analysis Technique, and Data Sources used in the research.

Chapter IV is data analysis. In this chapter, the writer embarks on the process of data analysis. It explains data description, data analysis found in the movie, and the interpretation of research findings.

Chapter V, the writer provided a conclusion based on the analysis completed in the fourth chapter and made recommendations regarding the importance of the research as well as recommendations for additional film research.