

PSYCHOLOGICAL APPROACH: EMOTION ANALYSIS OF MAIN CHARACTER “THEODORE FINCH” IN “*ALL THE BRIGHT PLACES*” MOVIE (2020)

GERSON MASELA

ABSTRACT

The aims of this research are to finding the characters of Theodore Finch in “*All the Bright Places*” movie and to find out how he experienced his emotions along the story with considering his psychological disorder which is bipolar disorder. Moreover, the researcher using descriptive qualitative method by watching the movie, do a screenshots or capturing the specific selected scene that represent characterization and emotion experienced of Theodore Finch as the object to analyzed. Basic characterization theory and James-Lange theory of Emotion was used in this research to do the psychological approach to the character. Through the data analysis, researcher found out that Theodore Finch portrayed as freak, silly, caring person, optimistic, quote lover and depressed. These various traits from the character helps researcher to identify and understanding the character before doing emotion analysis. Moreover, it is quite a bit to explain the character mental condition. Then after that researcher doing the emotion experienced analysis on Theodore Finch where researcher found it is visible in his experiences along the movie. They are, happiness, satisfaction, fear, anger and sadness. Theodore Finch experienced them because of three factors, his love to Violet, bullying, and his bipolar disorder. And last, from the two step of analysis researcher done, can be seen that Theodore Finch was deal with his bipolar disorder by himself and didn't seek any proper help or medication that causing him committed suicide in the end.

Keywords: Main Character, Emotion, Film, Theodore Finch

**PENDEKATAN PSIKOLOGI: ANALISIS EMOSI KARAKTER UTAMA
“THEODORE FINCH” PADA FILM “ALL THE BRIGHT PLACES” (2020)**

GERSON MASELA

ABSTRAKSI

Tujuan dari penelitian ini adalah untuk menemukan karakter Theodore Finch dalam film “All the Bright Places” dan untuk mengetahui bagaimana dia mengalami emosinya sepanjang cerita dengan mempertimbangkan gangguan psikologisnya yaitu gangguan bipolar. Selain itu, peneliti menggunakan metode deskriptif kualitatif dengan menonton film, melakukan screenshot atau menangkap adegan pilihan tertentu yang mewakili karakterisasi dan emosi yang dialami Theodore Finch sebagai objek untuk dianalisis. Teori dasar karakterisasi dan teori James-Lange tentang Emosi melalui pendekatan psikologis terhadap karakter. Melalui analisis data, penulis menemukan bahwa Theodore Finch digambarkan sebagai orang yang aneh, konyol, peduli, optimis, pecinta kutipan dan depresi. Beberapa macam sifat dari karakter ini membantu penulis untuk mengidentifikasi dan memahami karakter sebelum melakukan analisis emosi. Selebihnya, itu juga cukup sedikit menjelaskan kondisi mental dari karakter. Kemudian setelah itu penulis melakukan analisis emosi pada Theodore Finch dan menemukan hal tersebut terlihat dalam pengalamannya sepanjang film. Yaitu, kebahagiaan, kepuasan, ketakutan, kemarahan dan kesedihan. Theodore Finch mengalaminya karena tiga faktor, cintanya pada Violet, bullying, dan gangguan bipolarnya. Dan terakhir, dari dua langkah analisis yang penulis lakukan, dapat diketahui bahwa Theodore Finch menangani gangguan bipolarnya sendiri dan tidak mencari pertolongan atau pengobatan yang tepat sehingga menyebabkan dia melakukan bunuh diri pada akhirnya.

Kata kunci: Karakter Utama, Emosi, Film, Theodore Finch