

CHAPTER V

CONCLUSION AND SUGGESTION

A. Conclusion

Trauma resulted from a range of unpleasant experiences, including childhood events, sexual harassment, or surroundings. Moreover, trauma could arise in subsequent years when stimulated by a factor that evokes memories of the traumatic incident for the victim. Furthermore, the response to this traumatic event may appear in the form of symptoms such as flashbacks, hallucinations, arousal, or avoidance. The theory that supported this thesis was from Cathy Caruth's (1996) *“Unclaimed Experience: Trauma, Narrative, and History.”* It highlighted that trauma is a belated response and does not consist of merely a singular act of violence but rather an ongoing process that might result in disastrous effects when neglected and unaddressed. Expressing one's traumatic experiences is critical for wound healing, as it helps to relieve the emotional and psychological stress that comes with trauma, despite all the difficulties involved.

In the *“Blonde”* movie (2022), the main character Marilyn Monroe displayed profound psychological distress that resulted from her past traumatic experiences. Her distressing childhood events, such as the lack of parental care and the abuse she faced in the entertainment industry, forced her to sacrifice important aspects of her life, thereby intensifying her psychological distress. In addition, this movie often used black and white

scene in order to signal a shift from the present to a traumatic memory or sorrowful emotional feelings of Marilyn. The stark contrast of the imagery emphasizes the depth and timelessness of her emotional turmoil, illustrating how Marilyn's past continues to intrude upon her present. Furthermore, the unaddressed trauma ultimately results in her destruction. The writer provides further details regarding the conclusion of this analysis:

1. In this movie, the writer examined six traumatic experiences that the main character, Marilyn Monroe, faced. It includes child abuse, sexual assault, domestic violence, loss of the beloved one, abandonment, and the absence of a father figure. All of these six traumatic experiences greatly shaped Marilyn's character and behavior in adulthood.
2. In this film, Marilyn Monroe, the main character, expresses her trauma through delayed responses and unspeakable wounds. There are 16 data points, including flashbacks in 8 scenes (50%), hallucinations in 3 scenes (18.8%), arousal in 2 scenes (12.5%), avoidance in 2 scenes (12.5%), and an unspeakable wound in 1 scene (6.3%). Furthermore, most of the portrayal of Marilyn Monroe's trauma revolves around memories of a newborn and her father figure. This is a result of her mother's inattentiveness, the absence of a paternal influence in her childhood, and her recurring instances of losing her child. Marilyn demonstrates intense emotional responses when certain stimuli evoke recollections of her previous painful encounters. Her life, characterized by traumatic

experiences and exploitation, resulted in a declining sense of purpose in her character and personality. Moreover, Marilyn lacked a confidant, resulting in her internalizing her trauma without divulging it to anybody else. The profound extent of her unexpressed psychological distress ultimately resulted in a devastating outcome, as she decided to end her own life rather than endure the overpowering weight of her suffering any longer.

B. Suggestion

The writer proposed the following recommendations for future research and society, with the aim of making a constructive contribution to both areas.

1. To the next researchers

The topic of trauma, particularly its depiction in media and its psychological consequences, continues to be a prominent field of research.

The writer urges future scholars to further explore the intricacies of trauma as portrayed in films, literature, and other mediums. Researchers are recommended to utilize this research as a basis and to extend their investigations to incorporate other viewpoints and a wider range, investigating numerous aspects of trauma that may not have been thoroughly examined in this study.

2. To society

Many individuals may not fully comprehend the significant impact of trauma on daily life, frequently accepting its repercussions without understanding its origins or pursuing recovery. The writer argues that society must cultivate a heightened consciousness regarding the repercussions of trauma, namely its enduring consequences on individuals. By cultivating a more profound comprehension of trauma, society can enhance its capacity for empathy and support, facilitating healing and resilience instead of perpetuating harm caused by unresolved trauma.

