# METAPHORICAL IN SONGS RELATED TO SADNESS: A DEPICTION OF DIRECTIONERS' FEELINGS IN ONE DIRECTION'S SONG.

#### Oleh:

#### Faiza Naswa Adelia

Sekolah Tinggi Bahasa Asing JIA

Faizanaswa24@gmail.com

#### Abstract

This study explores the use of metaphors to articulate sadness in the lyrics of One Direction, particularly in the context of the emotional response from fans following the death of band member Liam Payne. This research uses the theory of köveces, the theory to express the emotion of sadness on social media platforms are included in the metaphor of sadness. The writer uses a qualitative descriptive method in this research. The findings reveal five primary metaphorical categories. Sadness is a Social Superior refer to datum 1, Sadness is a Lack of Vitality refer to datum 2,3,5, Sadness is a Fluid in a Container refer to datum 4.

keyword: sadness, metaphor, lyrics

#### A. INTRODUCTION

Music has become a crucial part of our daily lives due its widespread popularity. Many people make songs to express their emotions and thoughts through lyrics. Music is commonly used for stress alleviation, inspiration, and other purposes. People enjoy music because it allows them to express themselves freely and relate to the lyrics. (Kövecses, 2000) in book 'Metaphor and Emotion: language, culture, and body in human feeling' explain Anger, fear, happiness, melancholy, love, lust, pride, shame, and surprise are among the emotions studied by writer in this tradition. Sadness is a state of being unhappy or in a bad mood. Many song writers write lyrics to express their melancholy, and many singers have become well-known as a result

of their sad songs. One of those famous singers is One Direction from England, who has many songs with various themes, ranging from cheerful songs to love songs and sorrowful songs. However, most of Them's hit songs are not depressing. Many of their songs use metaphors to convey the song's meaning.

Recently, Directioners, called One Direction fans, experienced sadness. One of One Direction's five members, Liam Payne, passed away in early October. This is also why some of their old band songs have gained popularity again. Many fans express their despair through various metaphors in One Direction lyrics and songs.

The study of meaning that can be determined from a sentence, phrase or word It's called semantics. In semantics there are cognitive semantic And metaphors. (Lechner, 1977) reveals The processes by which linguistic Imagination creates and recreates Meaning through metaphor. Cognitive Semantics is the study of linguistic Meaning and mind which emphasis Lexical meaning rather than on the Meaning of the sentences. (Sagista\*, Corenia; Mursalim Andrea, Michelle; Rohany, 2023)

A conceptual metaphor is the understanding and expression of one type of item in terms of another. (KÖVECSES,

2002) emphasizes the importance of metaphor in categorizing the universe and our cognitive process.

Metaphor is as follows:

CONCEPTUAL DOMAIN (A) =

CONCEPTUAL DOMAIN (B), which is known as a conceptual metaphor. A conceptual metaphor consists of two conceptual realms, one of which is understood in relation to the other.

As a result, a conceptual metaphor is established using the formula (A) IS (B) or (A) IS (B). Here, A and B reflect distinct conceptual domains.

This study examines how metaphorical notions are used to describe sadness. Every human being has significant feelings of unhappiness or sadness. A deep sense of sadness can be triggered by the death of a parent, a broken heart, failure to attain a goal, losing something, and so on. These emotions can be represented not only via words, but also through metaphors (Sharma, 2018). Consider the following example to illustrate this concept:

SADNESS IS A BURDEN: He staggered under the pain.(Kövecses, 2000)

Its mean:

Source Domain  $\rightarrow$  Target Domain (A)  $\rightarrow$ (B)

# A BURDEN $\rightarrow$ SADNESS

It can be concluded from all the theories above that in analyzing metaphors, it is necessary to have a source domain and target domain to find out more about the meaning of a metaphor.

According to previous study, metaphors have been used in music lyrics before. The research topic comparative study of the use of love and sadness metaphor High off her love – love is a drug (Drug, 2017), Metaphorical Conceptual Of Sadness Emotion In Bruno Mars' Song (Sagista\*, Corenia; Mursalim Andrea, Michelle; Rohany, 2023). In this study, the writer will look for additional sadness metaphors in several One Direction songs.

#### **B. RESEARCH METHODOLOGY**

# 1. Method of the Research

The method applied in this study was qualitative research with descriptive analysis. The goal of qualitative research is to learn about the current status of the phenomenon being investigated.

Qualitative data is a compilation of data gathered through interviews, field notes, and document analysis. This material must be appropriately arranged and processed in order to obtain essential conclusions for your research project. As a matter of thumb, there is no one best method for qualitative data analysis. Researchers have proposed many strategies for qualitative analysis (Creswell, 2009).

#### 2. Time and Place of the Research

This research covers the full work procedure, from title selection to research reporting. This research will run from mid-semester 5. Qualitative research allows for study to be conducted anywhere especially at home, making location less important. The majority of the research was done in the writer's house and STBA JIA

### 3. Object of the Research

This study focuses on certain lyrics from One Direction songs that express feelings of sadness. The author collects statistics from snippets of one direction song lyrics from feed Instagram and the comments Comments given by Directioners as fans.

#### 4. Technique of the Data Collection

In this study, the author collects data from snippets of one direction song lyrics, which fans use to describe their expressions of sadness, especially on the Instagram feed and comment platforms.

### 5. Data Analysis Technique

The writer used theory from köveces in the book 'Metaphors and Emotions: language, culture and body in human feeling' studied sadness Metaphor and found that is the Conceptual metaphor.

#### 6. Research Instrument

The writer used tools from Köveces to find out and analyze if the song lyrics fall into the sadness metaphor category. This involved identifying and examining the metaphors used in the lyrics to see how they express sadness. The writer focused on specific examples of song lyrics that illustrate different types of sadness metaphors and categorized them accordingly.

# C. RESEARCH FINDINGS AND DISCUSSIONS.

In this research, the author found several lyrics from ONE DIRECTION songs that were used by fans to describe their expressions of sadness because of the death of One Direction member 'Liam Payne' and related to sadness metaphor. Here are the data found:

#### Datum 1

"Goodbyes are bittersweet, but it's not the end, I'll see your face again." (walking in the wind).

The target domain and source domain in this metaphor are: Source Domain as a 'Goodbyes are bittersweet', Target Domain as 'saying goodbye' It can be concluded that both have meanings related to **separation**. In this lyric, separation is likened to something that has great emotional power. " Goodbyes are **Bittersweet''** demonstrates that parting brings sadness as well as the desire of seeing each other again, indicating that the separation is not wholly bad. Refer to dictionary separation Cambridge a situation in which two or more people or things are separated. This proves that separation has the most dominating meaning in the lyric. From analysis above the separation include Sadness is a Social Superior.

viewed from fans who use these lyrics as a form of expression of their sadness, because the lyrics are so closely tied to the truth of unexpected death and so shocking, there is a decline in the spirit / mood of the fans who are still startled and believe that this is just a 'joke' and they may still meet.

#### Datum 2

"I'm half a heart without you." (Half a Heart).

Jurnal Bahasa Asing. Vol.u (v) Bulan 20xx, pp. x-y.

In this lyric The **Source Domain** is half a heart while the Target Domain is broken heart. This metaphor describes a deep sense of loss. By stating "half a heart and broken heart," both of this suggests feeling incomplete that without a loved one, one feels incomplete, reflecting how important that person's presence is in one's life. From analysis above finds 'feeling incomplete' include Sadness is lack of **vitality**. From this the writer also found 3 data who include the sadness lack of vitality. The writer concludes that the fans who used this piece of lyrics felt a deep sense of loss after also experiencing loss due to one direction's hiatus in 2016.

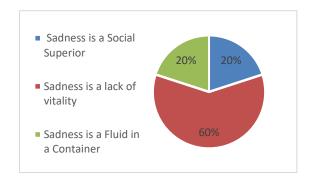
#### Datum 3

"Now I'm searching every lonely place, every corner calling out your name". (Where do broke hearts go.)

for this datum the writer found the Source Domain as Searching every lonely place and Target Domains as looking everywhere. This has the meaning of a great loss, resulting in a continuous search for the person's presence. In this lyric, "searching every lonely place" describes the attempt to rediscover the presence of a lost person. 'calling out your name' also added a sense of showing the depth the loss and longing. as explained earlier that this metaphor describes how deep one's loss and

longing can go until the feelings overflow. From this the 'Searching every lonely' include **Sadness is a Fluid in a Container**.

From this research found 3 sadness metaphor data from 14 types of sadness metaphor that have been mentioned before.



from the diagram above it can be concluded that sadness is a lack of vitality has 60% of the 6 data found. while other sadness metaphors only have 20% equal to only 1 sadness metaphor found in it.

# D. CONCLUSION, IMPLICATION, RECOMMENDATION

# a. Conclusion

The study shows that metaphors play an important role in illustrating sadness in One Direction's song lyrics. The study reveals that fans utilize these songs to express their strong feelings, particularly in the wake of Liam Payne's death. From this study analysis and conclusions presented, the writer discovered several sorts of

sadness metaphors in several One Direction lyrics that fans use to convey their sadness. Using Barcelona's (1986) in (Kövecses, 2000) theory. The study has found 5 of 14 pieces of lyrics, is identified 3 of 14 categories from Sadness Metaphor. Sadness is characterized by Sadness is a Social Superior, Sadness is a Lack of Vitality, Sadness is a Fluid in a Container. And the most common metaphor in this some lyrics of One Direction songs with a sad theme is Sadness is a lack of vitality.

# b. Implication

The study of metaphors in song lyrics provides valuable insights into how people process and articulate their emotions through music. This understanding can be beneficial for songwriters and educators in appreciating the impact of metaphors on emotional expression. Fans can connect with the music on a deeper level, allowing them to process their sadness and find solace in shared experiences.

# c. Recommendations

Because it only has a few lyrics, the sadness metaphor is rarely used. As a guideline for future researchers looking to examine emotional metaphors in songs, it may be worthwhile to use multiple songs in order to collect a large amount of data.

#### REFERENCES

- Creswell, J. (2009). Topic 9 Qualitative Research Methods. *Research design:* Qualitative, quantitative, and mixed methods approaches, 105–122.
- Drug, L. I. S. A. (2017). *High off her love LOVE IS A DRUG*.
- KÖVECSES, zoltan. (2002). *Metaphor : a partical introduction*.
- Kövecses, Z. (2000). Metaphor and Emotion Language, Culture, and Body in Human Feeling.
- Lechner, R. (1977). The Rule of Metaphor.
  In *Philosophy Today* (Vol. 21, Nomor Supplement).
  https://doi.org/10.5840/philtoday1977
  21supplement2
- Sagista\*, Corenia; Mursalim Andrea,
  Michelle; Rohany, S. and K. A. S.
  (2023). Metaphorical conceptual of
  sadness emotion in bruno mars' song.
  e-LinguaTera: Linguistics, Literature,
  and Cultural Studies, 3(2), 239–243.
- Sharma, S. (2018). Metaphor and emotion.

  Cognitive Linguistic Studies, 5(2),
  303–340.

  https://doi.org/10.1075/cogls.00023.s
  ha

Jurnal Bahasa Asing. Vol.u (v) Bulan 20xx, pp. x-y.

Youtube.com. (2020, 10 Agustus). **One Direction- half a heart** . Accessed on 11 November, 2024.

https://youtu.be/sW7JmJmcUWg?si=kaG-d1B2chqvHZUz

Youtube.com. (2014, 22 November). **One Direction- Spaces**. Accessed on 11 November, 2024.

https://youtu.be/K4e\_0VvTqv0?si=gXgJcv v2\_Kpa9soZ

Youtube.com. (2014, 17 November). **One Direction- where do broken hearts go**. Accessed on 11 November, 2024.

https://youtu.be/0Necz5glI4I?si=CqT4QL5 Cm34DHX8N

Youtube.com. (2020, 24 Agustus). **One Direction-Walking in the wind**. Accessed on 11 November, 2024.

https://youtu.be/HKVEJ4LhUAE?si=LZO
GItaNpYW7vy4N