

## CHAPTER V

### CONCLUSION AND SUGGESTION

#### A. Conclusion

The writer came to the conclusion in this chapter that Joe Goldberg's love obsession in the 2018 film *YOU* included different types of obsessive behavior that had a significant impact on the character and his relationships. Joe's love obsession was examined by the writer in several main ways, including stalking, jealousy, excessive fantasy, etc. The serious impacts of Joe's obsessive behavior on himself and those around him were also demonstrated in this study. Through this, this film highlights the dark side of obsessive love, which is often masked by seemingly romantic gestures, challenging the audience's perception of love, control, and the fine line between passion and obsession. The writer used two foundational theories, namely those of Susan Forward & Craig Buck and Susan Peabody.

1. In the 2018 film *YOU*, the analysis revealed different characteristics and symptoms of obsessive love that appeared in the data. The most common action was stalking, which appeared in 5 data points, representing 30%. Additionally, jealousy and denial were each found in 4 data points, accounting for 23%. Two data points showed excessive fantasy and the savior complex, with 25% and 18% respectively. Feelings of dysfunctional emotions and helplessness were each recorded in 2 data points, making up 17%. On the other hand, some traits appeared less often. Love at first sight, accepting dishonesty, projecting guilt, negative caretaking, attack or

hysteria or rage, and obsessive pursuit were just a few examples that only appeared in 1 data point, with obsessive pursuit showing up in 6%. It was difficult to pick out these traits, which showed how intense love could manifest in a person's behavior in many different ways.

2. As demonstrated in the 2018 film *YOU*, obsessive love had serious and complex impacts on the character of Joe Goldberg. First, his intense obsession drove him to act violently, even killing people he perceived as a threat to his relationship with Beck, including Beck herself. These harmful acts hurt not only Joe but also the people he harmed, demonstrating the severe consequences of obsessive love. His mental health was severely affected by his inability to control his emotions and his fear of rejection. This demonstrated his belief that he was superior to others and his inability to form healthy relationships. This study showed how obsessive love could lead to rejection anxiety and how obsessive love could culminate in murder. It also highlighted the importance of understanding and addressing obsessive behavior to prevent such tragic outcomes.

## **B. Suggestion**

After analyzing obsessive love, the writer provided suggestions for future research based on the analysis that was carried out and hoped it would be beneficial for further research and society.

1. To the next researcher

The issue of obsessive love was complex and had many facets. It could occur in many situations. The writer suggested that more in-depth and comprehensive studies be conducted on the topic of obsessive love in the future. Future researchers could explore how obsessive love impacts individuals in different contexts, such as the influence of cultural and social factors on obsessive love. The writer also encouraged other researchers to use this study and its findings as a foundation to delve deeper into obsessive behavior.

2. The society

Many people may not have understood the negative impacts of obsessive love because they perceived it as a normal way of expressing love. If left untreated, obsessive behavior could lead to serious consequences such as violence, murder, and mental health issues. Therefore, the writer recommended that society become more aware and learn to recognize obsessive behavior in relationships. To prevent dangerous obsessions, people needed to be educated about mental health and how to maintain healthy relationships. Society should become more aware of the signs of obsessive behavior.